

DO YOU HAVE A RECIPE TO SHARE?

Hello from a few keen cooks...



...who are wanting to put together a cookery book containing recipes from local people which we would then produce and sell as widely as possible. Profits would go to local charities. What we'd like **YOU** to do is send us a favourite recipe (or two) which we could include in this book. They can be your own recipes but also your mother's or grandmother's (to say nothing of father's and grandfather's, of course). It is very early days but our plan would be to start with an autumn/winter recipe book, launch it during November this year with an event, and hope to sell hundreds of copies for Christmas presents!

SO, please spread the word and get going! This invitation is for **all the family**, mums, dads, and children. Do put in a line about their origination if you like as we hope the book might reflect local social history to a certain extent. Below is a list of things you'll need to remember to include in your instructions. We need all your recipes by **30th JUNE PLEASE**.

The charities we are planning to divide profits equally between are Hartest and Boxted Institute, Friends of Hartest School, and Friends of Hartest Church (the fabric fund). All good causes. We hope to have copies available before the end of October. Our first launch event is scheduled for Saturday 22 November, at the Institute, where we hope to have a selection of cakes and mince pies from willing contributors, which can be tasted (and judged!) by the visitors, alongside a selection of party food for Children which can be tasted and judged by the Children themselves.

If you'd like to submit your recipe on line, please email cookingabook@gmail.com. Otherwise please send or deliver to the address at the bottom of this letter, being sure to include your own contact details.

Hope you'll join in and help make this a brilliant cookery book. We look forward to your recipes!

Thank you.

Jenny, Mary, Sue and Gill

Where to send your recipe(s)

Drop them in to Ann and Joe Telford
The Forge, The Green, Hartest
OR email them to cookingabook@gmail.com

If you have a question What to include in your instructions

Ring Ann or Joe Telford: 01284 830704
Your name and the name of your dish
Ingredients (+ quantities)
Timings and temperatures
How many people it serves
The method for making the dish